

CHATTANOOGA ALLERGY CLINIC

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Board Certified by The American Board of Allergy & Immunology

NEW PATIENT / SKIN TESTING – PATIENT INSTRUCTIONS

You have been scheduled for allergy skin testing. Your appointment is scheduled for:

Date: _____ Time: _____ Office Location: _____

1. Please plan to be in the office for approximately 1½ to 2½ hours for the skin testing procedure.
2. Some medications can interfere with the skin testing procedure. In order to obtain accurate results, the following medications **MUST BE AVOIDED 3 FULL DAYS PRIOR TO THE APPOINTMENT DATE.**

Advil Allergy	Carbinoxamine	Elestat eyedrops	Patanase nasal	Sudafed Day&Night
Advil PM	Cetirizine	Excedrin PM	Pazeo eyedrops	Surmontil
Alavert	Chlorpheniramine	Famotidine	PediaCare Children's Allergy	Tagamet
Allegra / Allegra D	Chlor-Trimeton	Fexofenadine	PediaCare Cough & Runny Nose	Theraflu
Amitriptyline	Cimetidine	Hydroxyzine	PediaCare Multisymptom Cold	Tofranil
Anafranil	Clarinx	Imipramine	Pepcid	Triaminic Night
Antivert	Claritin / Claritin D	Ketotifen eyedrops	Periactin	Trimipramine
Amoxapine	Clemastine	Karbinal ER	Phenergan	Tylenol Children's Cold & Flu
Astelin nasal	Clomipramine	Loratadine	Prochlorperazine	Tylenol Cold Max-Night
Astepro nasal	Cogentin	Levocetirizine	Promethazine	Tylenol PM
Atarax	Contac Cold & Flu Night	M-END	Protriptyline	Tylenol Simply Sleep
Axid	Coricidin	Meclizine	Quetiapine	Unisom
Azelastine nasal	Clomipramine	Motrin PM	Ranitidine	Vistaril
BC Sinus	Cyclivert	Nizatidine	Remeron	Vivactil
Benadryl	Cyproheptadine	Norpramin	Risperidone	Xyzal
Bentyl	Desipramine	Nortriptyline	Risperdal	Zaditor
Benztropine	Dimetapp	Olopatadine eyedrops / nasal spray	Robitussin Allergy	Zantac
Bepreve eyedrops	Diphenhydramine	NyQuil	Semprex-D	Zyrtec / Zyrtec D
Bonine	Doxepin	Pamelor	Seroquel	
Brompheniramine	Dramamine	Pataday eyedrops	Sinex Nighttime	
Brovex	Dymista	Patanol eyedrops	Sominex	

**AS WELL AS ALL OTHER PRESCRIPTION OR OVER-THE-COUNTER ANTIHISTAMINES
(INCLUDING ANTIHISTAMINE EYEDROPS, COUGH & COLD MEDICATIONS, AND/OR SLEEP AIDS)**

3. You may CONTINUE antibiotics, asthma, blood pressure, insulin, and steroid medications as usual.
4. Do NOT stop antidepressants or psychotropic medications without first discussing with your prescribing provider.
5. Please call our office if you have questions about a medication that is not found in the list above or if you have any questions regarding your testing at 423-899-0431.
6. Please notify our scheduling department if you will not be able to keep your appointment at 423-899-0431, extension #1014.

(Most commonly accepted insurance carriers are listed on back)