

CHATTANOOGA ALLERGY CLINIC

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Board Certified by The American Board of Allergy & Immunology

NEW PATIENT / SKIN TESTING – PATIENT INSTRUCTIONS

1. Please plan to be in the office for approximately 1½ to 2½ hours for the skin testing procedure.
2. Some medications can interfere with the skin testing procedure. In order to obtain accurate results, the following medications **MUST BE AVOIDED 3 FULL DAYS PRIOR TO THE APPOINTMENT DATE.**

Advil Allergy	Carbinoxamine	Dymista	Pataday eyedrops	Sinex Nighttime
Advil PM	Cetirizine	Elestat eyedrops	Patanol eyedrops	Sominex
Alavert	Chlorpheniramine	Excedrin PM	Patanase nasal	Sudafed Day&Night
Allegra / Allegra D	Chlor-Trimeton	Famotidine	Pazeo eyedrops	Surmontil
Amitriptyline	Cimetidine	Fexofenadine	PediaCare Children's Allergy	Tagamet
Anafranil	Clarinox	Hydroxyzine	PediaCare Cough & Runny Nose	Theraflu
Antivert	Claritin / Claritin D	Imipramine	PediaCare Multisymptom Cold	Tofranil
Amoxapine	Clemastine	Ketotifen eyedrops	Pepcid	Trazodone
Astelin nasal	Clomipramine	Karbinal ER	Periactin	Triaminic Night
Astepro nasal	Cogentin	Loratadine	Phenergan	Trimipramine
Atarax	Contact Cold & Flu Night	Levocetirizine	Prochlorperazine	Tylenol Children's Cold & Flu
Axid	Coricidin	M-END	Promethazine	Tylenol Cold Max-Night
Azelastine nasal	Clomipramine	Meclizine	Protriptyline	Tylenol PM
BC Sinus	Cyclivert	Mirtazapine	Quetiapine	Tylenol Simply Sleep
Benadryl	Cyproheptadine	Motrin PM	Ranitidine	Unisom
Bentyl	Desipramine	Nizatidine	Remeron	Vistaril
Benztropine	Desyrel	Norpramin	Risperidone	Vivactil
Bepreve eyedrops	Dimetapp	Nortriptyline	Risperdal	Xyzal
Bonine	Diphenhydramine	Olopatadine eyedrops / nasal spray	Robitussin Allergy	Zaditor
Brompheniramine	Doxepin	NyQuil	Semprex-D	Zantac
Brovex	Dramamine	Pamelor	Seroquel	Zyrtec / Zyrtec D

**AS WELL AS ALL OTHER PRESCRIPTION OR OVER-THE-COUNTER ANTIHISTAMINES
(INCLUDING ANTIHISTAMINE EYEDROPS, COUGH & COLD MEDICATIONS, AND/OR SLEEP AIDS)**

3. You may CONTINUE antibiotics, asthma, blood pressure, insulin, and steroid medications as usual.
4. Do NOT stop antidepressants or psychotropic medications without first discussing with your prescribing provider.
5. Please call our office if you have questions about a medication that is not found in the list above or if you have any questions regarding your testing at 423-899-0431.
6. Please notify our scheduling department if you will not be able to keep your appointment at 423-899-0431, extension #1014.

(Most commonly accepted insurance carriers are listed on back)

